Trials of life are certain. Thankfully, when difficulties come, God’s Word brings needed hope and comfort, as the following verses demonstrate. Listed below, in order of their biblical appearance, are some verses dealing with hope and comfort.

Psalm 23, The L ORD is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness for His name’s sake. Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies; You have anointed my head with oil; my cup overflows. Surely goodness and loving kindness will follow me all the days of my life, and I will dwell in the house of the L ORD forever.

Psalm 34:4, I sought the L ORD, and He answered me, and delivered me from all my fears.

Psalm 34:7-8, The angel of the L ORD encamps around those who fear Him, and rescues them. O taste and see that the L ORD is good; how blessed is the man who takes refuge in Him!

Psalm 34:15-19, The eyes of the L ORD are toward the righteous and His ears are open to their cry. The face of the L ORD is against evildoers, to cut off the memory of them from the earth. The righteous cry, and the L ORD hears and delivers them out of all their troubles. The L ORD is near to the brokenhearted and saves those who are crushed in spirit. Many are the afflictions of the righteous, but the L ORD delivers him out of them all.

Psalm 37:23-24, The steps of a man are established by the L ORD, and He delights in his way. When he falls, he will not be hurled headlong, because the L ORD is the One who holds his hand.

Psalm 40:11, You, O L ORD, will not withhold Your compassion from me; Your loving kindness and Your truth will continually preserve me.

Psalm 55:22, Cast your burden upon the L ORD and He will sustain you; He will never allow the righteous to be shaken.

Psalm 119:28, My soul weeps because of grief; strengthen me according to Your word.

Psalm 119:50, This is my comfort in my affliction, that Your word has revived me.

Psalm 119:71, It is good for me that I was afflicted, that I may learn Your statutes.

Psalm 119:107, I am exceedingly afflicted; revive me, O L ORD, according to Your word.

Psalm 119:143, Trouble and anguish have come upon me, yet Your commandments are my delight.

Psalm 119:165, Those who love Your law have great peace, and nothing causes them to stumble.

Psalm 145:14, The L ORD sustains all who fall, and raises up all who are bowed down.

Proverbs 3:5-8, Trust in the L ORD with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight. Do not be wise in your own eyes; fear the L ORD and turn away from evil. It will be healing to your body and refreshment to your bones.

Jeremiah 29:11, “For I know the plans that I have for you,” declares the L ORD, “plans for welfare and not for calamity to give you a future and a hope.”

Lamentations 3:21-23, This I recall to my mind, therefore I have hope. The L ORD’s lovingkindnesses indeed never cease, for His compassions never fail. They are new every morning; great is Your faithfulness.

Matthew 5:4, Blessed are those who mourn, for they shall be comforted.

John 16:33, These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.
Romans 5:3-5, And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; 4 and perseverance, proven character; and proven character, hope; 5 and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

Romans 8:18, For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us.

Romans 8:28, And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

Romans 8:35-39, Who will separate us from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? 36 Just as it is written, “For your sake we are being put to death all day long; we were considered as sheep to be slaughtered.” 37 But in all these things we overwhelmingly conquer through Him who loved us. 38 For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, 39 nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Romans 15:4, For whatever was written in earlier times was written for our instruction, so that through perseverance and the encouragement of the Scriptures we might have hope.

1 Corinthians 10:13, No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

2 Corinthians 1:3-5, Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God. 5 For just as the sufferings of Christ are ours in abundance, so also our comfort is abundant through Christ.

2 Corinthians 4:7-10, But we have this treasure in earthen vessels, so that the surpassing greatness of the power will be of God and not from ourselves; 8 we are afflicted in every way, but not crushed; perplexed, but not despairing; 9 persecuted, but not forsaken; struck down, but not destroyed; 10 always carrying about in the body the dying of Jesus, so that the life of Jesus also may be manifested in our body.

2 Corinthians 4:16-18, Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. 17 For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, 18 while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal.

2 Corinthians 12:9-10, And He has said to me, “My grace is sufficient for you, for power is perfected in weakness.” Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties, for Christ’s sake; for when I am weak, then I am strong.

Ephesians 3:20-21, Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, 21 to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.

Philippians 1:6, For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.

Philippians 1:21, For to me, to live is Christ and to die is gain.

Philippians 1:29, For to you it has been granted for Christ’s sake, not only to believe in Him, but also to suffer for His sake.

Philippians 4:6-7, Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

2 Timothy 3:12, Indeed, all who desire to live godly in Christ Jesus will be persecuted.

Hebrews 4:15-16, For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. 16 Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.
Hebrews 12:11, All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness.

James 1:2-4, Consider it all joy, my brethren, when you encounter various trials, knowing that the testing of your faith produces endurance. And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

James 1:12, Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.

1 Peter 1:6-7, In this you greatly rejoice, even though now for a little while, if necessary, you have been distressed by various trials, so that the proof of your faith, being more precious than gold which is perishable, even though tested by fire, may be found to result in praise and glory and honor at the revelation of Jesus Christ.

1 Peter 2:19-21, For this finds favor, if for the sake of conscience toward God a person bears up under sorrows when suffering unjustly. For what credit is there if, when you sin and are harshly treated, you endure it with patience? But if when you do what is right and suffer for it you patiently endure it, this finds favor with God. For you have been called for this purpose, since Christ also suffered for you, leaving you an example for you to follow in His steps.

1 Peter 3:13-17, Who is there to harm you if you prove zealous for what is good? But even if you should suffer for the sake of righteousness, you are blessed. And do not fear their intimidation, and do not be troubled, but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, yet with gentleness and reverence; and keep a good conscience so that in the thing in which you are slandered, those who revile your good behavior in Christ will be put to shame. For it is better, if God should will it so, that you suffer for doing what is right rather than for doing what is wrong.

1 Peter 4:12-16, Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you; but to the degree that you share the sufferings of Christ, keep on rejoicing, so that also at the revelation of His glory you may rejoice with exultation. If you are reviled for the name of Christ, you are blessed, because the Spirit of glory and of God rests on you. Make sure that none of you suffers as a murderer, or thief, or evildoer, or a troublesome meddler; but if anyone suffers as a Christian, he is not to be ashamed, but is to glorify God in this name.

1 Peter 5:6-10, Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety on Him, because He cares for you. Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour. But resist him, firm in your faith, knowing that the same experiences of suffering are being accomplished by your brethren who are in the world. After you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen and establish you.

1 John 4:4b, … greater is He who is in you than he who is in the world.

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Memorizing a number of verses related to hope and comfort will better equip you to respond scripturally to life’s difficulties. If a longer passage is difficult to memorize, consider memorizing a verse or two at a time within the passage.

To help you with scripture memory, see:


On YouTube, view:

* The Easy Way to Memorize Scripture at [https://www.youtube.com/watch?v=IYQX47E-i24](https://www.youtube.com/watch?v=IYQX47E-i24)

Many reasons for divine hope and comfort are mentioned in:

* Jesus is Lord at [http://wordtruth.org/PDF/Jesus%20IS%20Lord.pdf](http://wordtruth.org/PDF/Jesus%20IS%20Lord.pdf) and